



RNC Resolution No. 01, s. 2017

ENJOINING ALL REGIONAL LINE AGENCIES AND LOCAL GOVERNMENT UNITS TO SERVE HEALTHY MEALS AND SNACKS DURING MEETINGS, CONFERENCES, TRAININGS AND RELATED ACTIVITIES

WHEREAS; malnutrition and diet-related non-communicable diseases remain to be a perennial problem in the Philippines due to inadequate information on proper diet and nutrition behaviors;

WHEREAS; overweight and obesity often leads to having non-communicable diseases, also called lifestyle-related diseases such as diabetes, cardio-vascular diseases and cancer brought about mainly of unhealthy behavioral practices such as consumption of foods high in fat/cholesterol, salt, sugar and low in dietary fiber, particularly from fruits and vegetables as well as sedentary living and smoking;

WHEREAS, there is an emerging problem of overnutrition in SOCCSKSARGEN across age groups, particularly children aged 5-10 years old with 6.4% prevalence rate or 6 out of 100 being overweight for their height, 10-19 years old with prevalence rate of 7.4% or 7 out of 100 and adults 20 years old and above has prevalence rate of 27.5% based from the 2015 National Nutrition Survey conducted by Food and Nutrition Research Institute-DOST.

WHEREAS, data from DOH XII-Field Health Services Information System revealed that cancer, hypertension and diabetes mellitus were the top leading causes of mortality among adults from 2010 to 2015;

WHEREAS; the World Health Organization issued a statement in 2015 regarding the over consumption of sugar-sweetened foods and beverages and the resulting increase in overall energy intake and decrease in consumption of nutritionally-adequate calories which leads to unhealthy diet and weight gain;

WHEREAS; the National Nutrition Council (NNC) has also released a statement in 2016 urging the public against the consumption of too much sugar-sweetened foods and beverages to control the increase in the prevalence of overweight, obesity and diseases related to it;

NOW, THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED to request the Regional Line Agencies and LGUs to serve healthy meals and snacks during meetings, conferences, trainings and all public related activities.

FURTHER RESOLVED, for government to observe healthy lifestyle practices and healthy food choices to prevent increasing prevalence of non-communicable diseases.

RESOLVED FINALLY, for the Regional Nutrition Committee - Technical Working Group and RNC Secretariat to ensure the widest dissemination of said resolution.

APPROVED, this 4th day of July 2017 during the 2nd Regional Nutrition Committee meeting held at the Boardroom of The Farm@Carpenter Hill, Koronadal City.

Certified Correct:

Attested by:

ARCELI M. LATONIO
Regional Nutrition Program Coordinator
National Nutrition Council XII

FRANCISCO V. MATEO, MD, MPH, CESE
OIC-Regional Director, DOH XII
Chair, Regional Nutrition Committee